



## Invitation

International Summit: SHAPE THE TASTE OF FUTURE

3th – 6th of November 2021, Bad Schörgau, Sarnthein, Italy

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## La-FuGa International Summit: Shape the taste of future

First transdisciplinary event promoting necessary changes  
for a sustainable future of food

3th – 6th of November 2021, Bad Schörgau, Sarnthein, Italy

### Invitation – Let's connect to transform

We would like to invite you to the LaFuGa retreat; a unique gathering of people that share a heartfelt concern about the future of food. The culinary perspective is often overlooked in the scientific debate on food systems transformation. This retreat is designed to investigate the role of taste in food systems, because 'liking' is a motor of food choices.

The summit will take place from **3th – 6th of November 2021** at the best imaginable place: Bad Schörgau, Sarnthein, Italy. You can find the program below.

LaFuGa is a **global association** of forward-thinking people from the core of gastronomy. Our members are convinced that **taste** has the power to spark the transformation of food systems. Food systems are complex and research in this field requires a transdisciplinary approach. LaFuGa has the ambition to act as a link between research and field work. Scientists, chefs, managers and consumers are brought together. Thinking and doing are connected. As a community, insights, expertise and knowledge are shared with all those on a way for the greater good of food. **Change can and must happen.**

The La-FuGa **international** summit welcomes people from all walks of life to learn, connect and participate. Leading influencers across multiple disciplines, from science, to sociology, anthropology, medicine and gastronomy will share their insights and will inspire you to give yours. It will be a truly transdisciplinary experience. The gathering place is a hidden gem in South-Tirol. **Bad Schörgau Hotel** is nestled right in the heart of the Val Sarentino



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surrounded by the Sarntal Alp. It is the ideal backdrop for this event providing an oasis of authenticity, culinary innovation and nature-loving philosophy.

Attend the La-FuGa international summit to discuss the future of food with all its related dimensions to act. Escape your daily work and get inspired. Have a look at the program below and reply [HERE](#) to reserve your place at this unique event.

Join forces with us. Together we are stronger. Together we will create impact.

## Overview of the program of the LaFuGa retreat:

### November 3: *Searching for the dots*

Introducing the Harmony principles: a “tool” to overcome the mechanistic thinking that has led our society down the current path. Circularity, zero waste, food identity, and umami will be subject to discussion. And we’ll look at plastic. Is it an environmental hazard or industrial breakthrough? We will illustrate the importance of complexity-thinking. Also we will explore and debate the future of bio polymers.

### November 4: *The taste of health – the health of taste*

We are what we eat. And today our food choices influenced by industrialization. Both on the agricultural and food production side. Here the focus has been on quantity, safety and affordability. There are obvious advantages, but traditional values, cultures and especially taste have been compromised. How can we grow and prosper and at the same time stay in balance? We will take a look at sociological yet transdisciplinary theory, FermentNation, as well as the T.A.S.T.E. theory. Workshops on sustainable farming, plant-based meat and fermentation as an amazing food transformative tool are a part of the program. Because our



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gut and brain are connected. And we are individuals – so approaches and knowledge needs to be applicable on a personal level.

### **November 5: *Restoration of balance and values***

Balance is a key concept within the Harmony philosophy. The current systems are out of balance and we are out of sync with the foods that we consume. Reconnecting to ourselves and to the food that we eat is essential for living in harmony with the planet. Explore how your sense of taste can become your guide in the choice of food, creating a nutritious power cycle that drives your health and happiness. In today's volatile, uncertain, complex and ambiguous world, transformative leaders are needed. Workshops on meditation and mental aspects are part of learning to become a transformative leader.

### **November 6: *Connecting the dots; the Rueben Kraut***

The final day is all about understanding, reflecting, absorbing and experiencing the whole range of resources nature gives - in us and around us. Starting off with a morning hike to Sarnthal's most spiritual place, joining forces in the turnips picking to make a traditional Rueben kraut. A tradition that Gregor, Mattia and the team at Bad Schörgau will turn into a party, with music and wine to create the proper atmosphere and coming together in breakout ideas and projects that can propel LaFuGa further in the years to come.



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### Practical information

Where: [Hotel Bad Schörgau](#)

When: 3<sup>th</sup>- 6<sup>th</sup> of November 2021

Speakers: [prof. Iñaki Martinez de Albeniz - UniEs](#), [prof. Peter Klosse - T.A.S.T.E.](#), [Sara Roversi and José de la Rosa - Future Food Institute](#), [Svenja Op gen Oorth Alexander Hahn from - Hahn&Loewe](#), [Juan Carlos Arboleya - BCC](#), [Mattia Baroni - Bad Schörgau](#), [Diego Prado - alkemist](#), [Christian Weij - SmaakPark](#), [Dr. Elena Lorenzi - UniTn](#), [Andrea Bariselli - Strobilo](#), and many more

More Information: <https://la-fuga.org/2021-november-retreat-form>

For more info please contact: Mattia Baroni, Email: [info@la-fuga.org](mailto:info@la-fuga.org)